



TINA TORRANCE

come from mentors—particularly coaches. As a lifelong athlete, she admires their ability to see both the game and life from a higher vantage point, distilling what truly matters.

One mantra has shaped her: “Believe You Belong.” First spoken by a football coach leading his underdog team to the playoffs, it became more than words—it became a philosophy, instilling confidence, and perseverance.

Another guiding principle for Tina is: “It is none of my business what

A love and passion for many things meant it took Tina Torrance a long time to mold and carve her life into what it is today. That journey has been shaped by a deep commitment to individuals with disabilities. Having witnessed firsthand the power of adaptation, transformative outcomes have been a beacon for her life and work.

While many inspiring moments have defined her path, the most significant lessons have

someone else thinks of me.” She embraces her uniqueness, possessing an eccentric sense of humor and a deep love for animals. Solitude and simplicity are what she craves most.

Health challenges sometimes prevent her from fully expressing her authentic self, a source of frustration. She has little patience for trivial conversations. “I hold my head up most days and try my best to fit in, but most importantly, I try to make a difference. All the rest is fluff.”

As the current Executive Director of the Lighthouse of the Big Bend, a nonprofit serving individuals who have lost their sight, Tina is proud the organization is fully staffed. “Each person brings their own sense of self, humor, humility, and it is a sight to behold when they work their magic. This work is hard. This work is emotionally and mentally draining. And yet, everyone shows up every day and gives their all to our clients.” LBB provides life-changing services to individuals that have lost their sight. We provide the opportunity to continue living, although in an adapted way. We help people to navigate the sighted world, without sight.

Tina shared that one of “the greatest gifts that I have ever received is the insight from another woman. Regardless of topic, being able to seek counsel, knowing that it will be thoughtful and come from a loving place has made all the difference for me.”

Her advice to young women is, “Be authentically you. Explore everything. Discover what makes your heart swell with passion and never let go. Authenticity is the key to fulfillment.” **TW**